

FANCY A GO AT working out your own SAP calculations? BuildDesk Energy Design is a tool that might be able to help. It is designed to save time and let you produce Part L compliant designs. BuildDesk Energy Design follows the calculation methods and procedures specified in the new ADL1A and SAP 2005 documents and is approved for use by the BRE. Features include:

- Compliance checklist.
 - DER, TER, SAP, CO2 and Environmental Impact calculations to SAP 2005 standards.
 - Project Assistant for entering building envelope details.
 - Heating system efficiencies
 - Assessments for as-designed and as-built variations of project.
 - Detailed thermal bridge calculations.
 - Building rotation to see effect of changed solar gains.
 - Summer over-heating risk evaluation.
 - Checks to alert user to inconsistent data.
 - Results monitor showing results as design changes.
 - Detailed U-value calculations and Condensation Risk Analysis.
 - Predefined materials catalogues.
 - Predefined construction catalogues.
- For a free 30 day trial
builddesk.co.uk



Infrared sauna benefits health and wellbeing

Infrared is a new take on sauna bathing. The infrared system which is already widely used in Japan, creates a dry environment with lower temperatures, ranging from 30C to 50C, yet promoting up to three times more sweat than conventional saunas. The lower temperatures allow longer and deeper heating of body tissues, burn off a staggering 1200 calories an hour, and can rid the body of up to five times more toxins. Nordic also claims that a daily session can alleviate joint and muscle pain, and aid the cardiovascular system.

01883 732400 nordic.co.uk

Air conditioner with touch of objet d'art

Air conditioners no longer need to look like an ugly box on the wall. Now it can look like a classic painting or be decorated with your favourite family photo. The air conditioning unit comes in various colours and finishes, and can look like paintings by Van Gogh, Sisley and Matisse, rather than appliances. LG's Art Cool split-type system air conditioners are super-slim at 139mm and 142mm. The semi-permanent filters are washable and reusable, maintaining the Nano Plasma Air Purifying system to provide a healthier living environment.

0870 873 5454 uk.lge.com



CLIO IS HUDSON REED'S new range of bathroom brassware finished in high gloss chrome plate with a flat ribbon spout. Available with two handle options, Clío has neat circular indented flow controls. The Clío Fin has a 'fin' style lever for use with wet hands. The flat curved spout has a special flow diffuser, creating a sparkling ribbon of water. 01282 418000 hudsonreed.com

Carpet may be back in fashion, but Karndean International's Autumn/Winter Collection comprises nine innovative vinyl floor coverings that are perfect for use in

the kitchen. Amongst the new products is Fired Clay, which emulates natural terracotta with a rustic feel indistinguishable from the real thing. Oxide, pictured here, offers indulgent chocolate tones and smouldering smoky greys. Karndean's tiles and woodplanks are manufactured from a durable form of customised vinyl echoing the materials that inspire the designs.

01386 880100 www.karndean.com

