



Aintree Racecourse, Liverpool

IN PLANNING a recent redevelopment project at Aintree Racecourse in Liverpool, it was acknowledged that saunas provide an essential part of a jockey's pre-race preparations.

The design and installation of the new facility was undertaken by Viking Sauna, which installed two bespoke saunas in the Weighing Room (pictured above).

To complement the overall finish, Viking took the exterior boarding of the saunas up to the ceiling height of 2.7m (normal height is approx 2m), ensuring it maintained the attractive visual appearance of the area.

Holmes Place Bittacy Hill club, north London

TWO POOLSIDE steam rooms and a sauna feature in Holmes Place's new 48,200sq ft Bittacy Hill club in north London.

The facility, which can accommodate up to 25 people, was designed and installed by Nordic to a brief which specified that the sauna should have a "light, airy feel" without compromising seating numbers. This was achieved by incorporating a landscape window overlooking the poolside. The three-tiered bench seating solution was designed in such a way that all occupants can see the pool.

Whilst the leisure industry has seen a recent transition towards hidden heater saunas, on this occasion the client wanted a traditional style sauna with a stove to provide an additional eye-catching feature. A high grade hemlock timber was used for the finish.

Following the successful installation at Bittacy Hill, Nordic has been awarded a further contract to install a tiled steam room and a hidden heater sauna at the Lion Plaza club in central London. ■

Creating your own style

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